

Peanut Butter Banana Smoothie



4 Servings | 335 Calories Per Serving

INGREDIENTS

- 2 bananas, broken into chunks
- 2 cups milk
- ½ cup peanut butter
- 2 cups ice cubes

DIRECTIONS

1. Place bananas, milk, peanut butter, and ice cubes in a blender.
2. Blend until smooth, about 30 seconds.

Calories: 335
Total Fat: 18.8 g

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